

# 生卵は食べられません

Nama-tamago wa taberaremasen

I can't eat raw eggs.



## Today's Skit

かいと 海斗 & タム : いただきます。

Let's eat.

Kaito & Tam Itadakima<sup>1</sup>su.

はる : 日本食は健康にいいですよ。

Japanese food is very healthy.

Haru Nihon-shoku wa kenkoo ni iin de<sup>1</sup>su yo.

タム : これ、生卵ですか。

Is this raw egg?

Tam Kore, nama-ta<sup>1</sup>mago de<sup>1</sup>su ka.

はる : はい。

Yes it is.

Haru Ha<sup>1</sup>i.

タム : すみません。

I'm sorry.

Tam Sumimase<sup>1</sup>n.

わたし なまたまご  
私、生卵は

I can't eat raw eggs.

Watashi, nama-ta<sup>1</sup>mago wa

食べられません。

taberaremas<sup>1</sup>n.

かいと 海斗 : そう。じゃあ、納豆もだめ？

I see.

Kaito So<sup>1</sup>o. Ja<sup>1</sup>a, natto<sup>1</sup>o mo dame<sup>1</sup>?

So, you don't like natto either?

タム : 納豆大好きです。

Natto!

Tam Natto<sup>1</sup>o! Da<sup>1</sup>isuki de<sup>1</sup>su.

I love it.

## Vocabulary

にほんしょく 日本食 Japanese food

nihonshoku

けんこう 健康 health

kenkoo

なまたまご 生卵 raw egg

nama-ta<sup>1</sup>mago

なっとう 納豆 fermented soy beans

natto<sup>1</sup>o

だめ(な) no good

dame<sup>1</sup> (na)

だいず 大好き(な) favorite

da<sup>1</sup>isuki (na)

## Key Phrase

な ま た ま ご た  
生卵は食べられません。

Nama-ta<sup>1</sup>mago wa taberaremasen<sup>1</sup>n.

I can't eat raw eggs.

To express what you can't eat, say "[food] wa taberaremasen" or "I can't eat [food]." "Taberaremasen" is the polite negative form of "taberareru," the potential form of the verb "taberu" or "to eat."

## Use It!

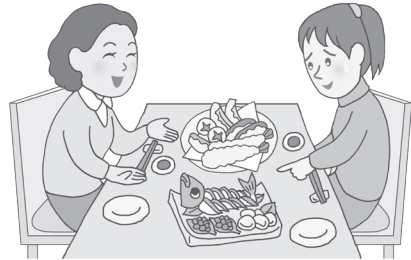
どうぞ、たくさん食べてください。

Do<sup>1</sup>ozo, takusan ta<sup>1</sup>bete kudasa<sup>1</sup>i.

すみません。私、刺身は食べられません。

Sumimase<sup>1</sup>n. Watashi, sashimi<sup>1</sup> wa taberaremasen<sup>1</sup>n.

Please eat a lot.  
I'm sorry. I can't eat raw fish.



## Try It Out!

すみません。私、～は食べられません。

Sumimase<sup>1</sup>n. Watashi, ~wa taberaremasen<sup>1</sup>n.

I'm sorry. I can't eat XXX.

## ① えび

ebi

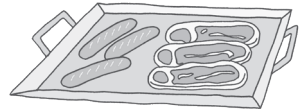
shrimp



## ② 豚肉

butaniku

pork



## Bonus Phrase

いただきます。

Itadakima<sup>1</sup>su.

Let's eat./I'm grateful for this meal.

People say this phrase before eating. It expresses thanks to those who prepared the meal. Once the meal is over, it's customary to say "Gochisoosama deshita."



Kaito Is Your Food Guide!

## Japanese Breakfast

A traditional Japanese-style breakfast includes a bowl of rice, miso soup, and grilled fish. Nowadays, many people eat a Western-style breakfast of bread, eggs, and coffee.

Japanese-style breakfast



Western-style breakfast



Hotels and inns offer various types of breakfast, including all-you-can-eat buffets.

Breakfast buffet



©Hotel Okura Tokyo

Answer ① すみません。私、えびは食べられません。  
② すみません。私、豚肉は食べられません。

Sumimase'n. Watashi, ebi wa taberaremasen.

Sumimase'n. Watashi, butaniku wa taberaremasen.